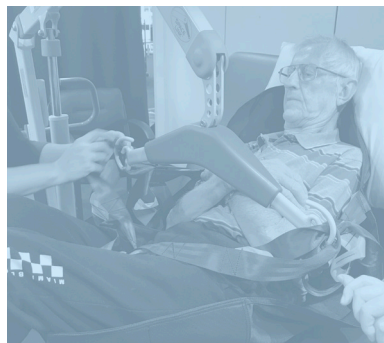




Regent Transfer Slings

A fitting and safe use guide
for clinicians



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INTRODUCTION

This guide aims to assist you in selecting the most suitable sling for an individual, used in conjunction with recommendations from an allied health professional.

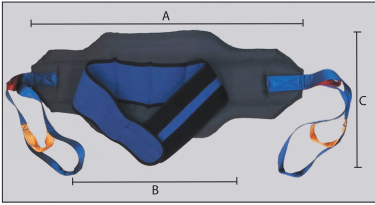
Regent Transfer Slings come in a variety of sizes across eight styles, with the choice of fabric to suit individual needs. Mesh slings are ideal for personal care tasks as the sling dries quicker.

A sling is used when an individual requires assistance to safely transfer from one position to another. The standard weight limit for Regent Transfer Slings is 250kg. Regent Transfer Slings must be used with an appropriate lifter. For example, the Regent Toileting Sling is designed to be used with a standing lifter.



DISCLAIMER: This is a guide only and does not replace an allied health assessment and recommendations. Ensure the sling is compatible with the lifter and that all equipment is in good working condition. Ensure the safe working load is adhered to and that the appropriate style and size of sling is selected for each individual.

REGENT TRANSFER SLING RANGE



Available in polyester solid only.

Toileting/Standing Sling

With soft padding throughout, this sling allows for safe and comfortable chair to toilet transfer. It is suitable for clients who generally have good trunk and hip control, allowing the client to be easily brought to a standing position. It features an elasticated neoprene waist strap, easy access for clothing removal during toileting, positioning straps and colour-coded lifting straps.

Size	A	B	C	CODE
S/M	965mm	540mm	380mm	STSP1
L/XL	1080mm	620mm	380mm	STSP2



Commode Sling

This sling offers excellent back support and comfort. It is suitable for clients who generally have good trunk and hip control. Its features include long divided legs, an elasticated neoprene waist strap, easy access for clothing removal during toileting, positioning straps and colour-coded lifting straps.

Available in polyester solid only.

Size	A	B	C	CODE
S	800mm	900mm	650mm	SCS1
M	850mm	900mm	650mm	SCS2
L	950mm	900mm	650mm	SCS3
XL	1000mm	950mm	700mm	SCS4



Deluxe Commode Sling

This sling offers excellent back support and enhanced comfort, with even higher back support and soft padding throughout. It is suitable for clients who generally have good trunk and hip control. Other features include long divided legs, an elasticated neoprene waist strap, easy access for clothing removal during toileting, positioning straps and colour-coded lifting straps.

Available in polyester solid only.

Size	A	B	C	D	CODE
XS	650mm	950mm	600mm	300mm	SCD0
S	750mm	950mm	600mm	400mm	SCD1
M	850mm	1000mm	650mm	500mm	SCD2
L	950mm	1050mm	750mm	600mm	SCD3
XL	1000mm	1200mm	800mm	700mm	SCD4

All Regent Transfer Slings are made to Australian standards.
NATA * Tested – safe working load is 250kg.

CONTINUED...



Regent Comfort Sling

This sling offers clients excellent back and neck support, as well as a commode opening with divided legs. It is suited to clients who need full body and neck support and is ideal for amputees. The polyester mesh sling is ideal for bathing the patient. Other features include positioning straps and colour-coded lifting straps.

Available in polyester solid or mesh.

Size	A	B	C	CODE
XS	1050mm	600mm	650mm	SFBP0
S	1100mm	650mm	700mm	SFBP1
M	1150mm	700mm	750mm	SFBP2
L	1200mm	800mm	800mm	SFBP3
XL	1250mm	900mm	850mm	SFBP4



Regent General Purpose Sling

This general purpose sling includes divided legs, which can be crossed in the centre, uncrossed or positioned under the thighs. It is suitable for clients with good head control. It also features positioning straps and colour-coded lifting straps.

Available in polyester solid or mesh.

Size	A	B	C	D	CODE
XS	700mm	900mm	500mm	350mm	SGP0
S	800mm	1120mm	550mm	400mm	SGP1
M	900mm	1300mm	600mm	450mm	SGP2
L	950mm	1350mm	650mm	500mm	SGP3
XL	1000mm	1400mm	700mm	600mm	SGP4



Regent General Purpose Sling with Head Support

This sling is suited to clients who need full body and neck support. It offers divided legs that can be crossed in the centre, uncrossed or positioned under the thighs. Other features include positioning straps and colour-coded lifting straps.

Available in polyester solid or mesh.

Size	A	B	C	CODE
XS	1200mm	500mm	600mm	SGH0
S	1300mm	550mm	700mm	SGH1
M	1400mm	600mm	750mm	SGH2
L	1500mm	650mm	850mm	SGH3
XL	1600mm	700mm	950mm	SGH4

*All Regent Transfer Slings are made to Australian standards.
NATA * Tested – safe working load is 250kg.*



Regent Half Body Sling

This half body sling is suitable for clients with good head control and is quick and easy to fit. Other features include positioning straps and colour-coded lifting straps.

Available in polyester solid or mesh.

Size	A	B	C	CODE
XS	550mm	800mm	350mm	SRH0
S	750mm	900mm	400mm	SRH1
M	800mm	1050mm	500mm	SRH2
L	850mm	1100mm	550mm	SRH3
XL	900mm	1150mm	600mm	SRH4



Regent Full Body Sling

This sling offers excellent back and neck support and is ideal for clients who need full support for both the neck and body. Other features include positioning straps and colour-coded lifting straps.

Available in polyester solid or mesh.

Size	A	B	C	CODE
XS	1050mm	350mm	600mm	SRH0
S	1250mm	400mm	800mm	SRH1
M	1300mm	500mm	900mm	SRH2
L	1400mm	550mm	950mm	SRH3
XL	1500mm	600mm	1000mm	SRH4

*All Regent Transfer Slings are made to Australian standards.
NATA * Tested – safe working load is 250kg.*

RISK ASSESSMENT

Choosing a sling involves more than simply deciding what the sling will be used for and measuring the client's size. A full client risk assessment is recommended prior to any transfer to determine individual requirements.

The manual handling of clients can pose a serious risk to clients, healthcare workers and carers. It is important to consider the following factors:

1. Task

To select a sling best suited to its required use, first determine the type of transfer task(s), together with the frequency with which they will occur. Consider also if there is any other equipment required to perform the task(s).

2. Support Level

Different types of slings provide varying levels of support for the client. The level of support is determined by the shape and structure of the fabric, with the main body supporting the back and head, and the leg straps supporting the thighs, hips and buttocks. Consider if the sling is the correct size for the client's body shape and height. Does the patient have a physical presentation, which may impact on the choice of sling (e.g. amputation)? Does the sling have an appropriate safe working load for the client's weight?

3. Individual

Consider the client's functional ability. Are they able to assist or comply with the transfer? Does the client have a medical condition which may impact the transfer? Are there any other medical devices to consider, such as catheters or drains?

4. Equipment

Take into consideration if the sling choice is compatible with other equipment, especially the lift or lifting system. It is also important to identify any other associated equipment involved in the transfer, such as seating, beds, trolleys, toilets and play or therapy equipment. Will the lift and sling work together with these items? Is the sling fabric appropriate to the task and the client? Is the sling in good condition, as it should not be used if fraying, snags or tears are evident. Can the labelling be read on the lifter and sling? Does the carer know how to apply the sling and safely operate the lifter? Is the lifter or sling due to have a service?

5. Environment

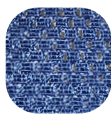
It is important to consider the surroundings in which the transfer task(s) will take place. Is there enough space to carry out the transfer? Is the floor level and smooth? Are there any trip hazards that could cause injury to the carer or client? Can other equipment in the room minimise the manual handling?

FABRIC SELECTION

All Regent Transfer Slings are available in polyester solid. Some are also available in poly mesh. When choosing fabric, consider the task at hand and the physical characteristics of the client.



Polyester
A smooth, knitted polyester fabric of solid consistency for multi-disciplinary use.



Mesh
A versatile, breathable and durable polyester mesh. Ideal for use in wet environments.

REGENT TRANSFER SLING TYPE	POLYESTER	MESH
Toilet/Standing Sling	●	
Commode Sling	●	
Deluxe Commode Sling	●	
Regent Comfort Sling	●	●
Regent General Purpose Sling	●	●
Regent General Purpose Sling with Head Support	●	●
Regent Half Body Sling	●	●
Regent Full Body Sling	●	●

SIZING GUIDE

SIZE	HANDLES
EXTRA-SMALL	●
SMALL	●
MEDIUM	●
LARGE	●
EXTRA-LARGE	●

Regent Transfer Slings are available in a range of sizes to accommodate a variety of heights, shapes and weights. Each of these factors must be taken into consideration when selecting the appropriate sling for the client. Measurements should be taken by clinicians and are intended

as a guide only. Refer to the measurements listed in the sling range (pages 3 to 5). Above is a colour guide to help you select the correct size for your client.

CARING FOR YOUR SLING

To ensure the longevity of your sling, it is important to care for it appropriately. Machine wash to 60°C. Do not wash with bleach or fabric softener. Cold rinse, drip dry. Do not iron.



Slings can suffer damage during washing and drying. Check your sling before each use. Torn, cut, frayed or broken slings are unsafe and could result in serious injury or death. Destroy worn slings and do not alter slings.

HOW TO USE YOUR SLING

The best practice for using a lifter is to have two carers available to assist with the transfer, ensuring there is someone operating the lifter whilst the other carer guides the client into the sling using the desired equipment.

When transferring from lying to seated position, use the shorter loops on the sling to attach the shoulder straps and longer loops for the legs to get the client into more of a seated position. See how to use slide sheets (page 11), as well as the rolling method to use with the Regent Full Body Sling (page 8). When transferring from seated to lying, attach the shorter loops for the legs, and longer loops for the upper body to position the client comfortably in bed. A transfer using the Regent Half Body Sling is also featured in this guide (page 10).

Attaching your Regent Transfer Sling from lying position using the rolling method:



1. When client is lying supine, ensure there is sufficient space to roll. Adjust bed to a good working height, e.g. the carers can place their hands flat on bed when arms are straight by side. Cross client's legs at ankles with top leg on departure side.



2. Cross arm on departure side over chest and extend client's arm towards destination. Instruct client to look towards the side they are rolling to.



3. Start in a semi-squat position and straighten legs to roll client towards carer on destination side, placing flat hands on client's shoulder blade and pelvis (hip).



4. Place the sling with the handles at the back, aligning the centre of the sling to the client's spine. The base of the sling needs to be at the level of the sacrum and the top of the full body sling at the level of the client's head.



5. Allow the client to roll back into supine and reverse their leg cross and arms so they are reaching towards the side they are rolling.



6. Spread out the sling so it lies flat on the bed ready in position, ensuring all straps and loops are exposed and not tucked under.



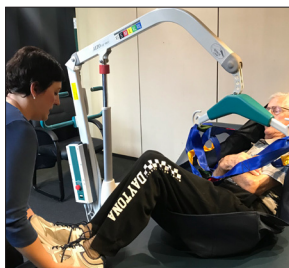
7. Uncross client's legs and pass the leg strap under each leg for the carer on the opposite side to pull through. Thread one leg loop through the smallest loop on the other leg strap to ensure the legs do not splay.



8. Instruct the client to cross their arms over their chest or place them in this position if the client requires assistance with this. Use the bed head to raise the client's torso.



9. Position the lifter with yoke over the client's torso and attach the same colour loops. To go from lying to seated position, use the shorter loops for the upper body and longer loops on the leg straps.



10. Place client's feet flat on the bed, closest to the side they will be transferring. This helps to keep the client in position whilst also feeling more secure.



11. Explain to the client that the entire bed will be lowered from under them. Check the sling is in correct position and all loops are securely attached.



12. Ensure the lifter brakes are off. Raise the boom of the lifter until the client clears the bed. Carer uses a backwards lunge to pull the lifter back whilst second carer uses the straps on the sling to guide the client.

** Procedure is the same for all Regent Transfer Slings (pictured here using the Regent Full Body Sling).*

HOW TO USE YOUR SLING

Positioning your Regent Transfer Sling when seated:



1. Ensure the client's feet are flat on the floor and brakes are applied to chair. Client leans upper body forward and rests on carer, standing in a semi squat position.



2. Place the sling behind the client's torso, ensuring the handles are at the back.



3. Ensure the edge of the sling is positioned under the ischial tuberosities (sitting bones) and the back of the sling is spread out flat on the back of the chair.



4. Once the sling is behind the client, support the client to rest back into the chair.



5. Pull leg straps through and position under client's thighs. A small slide sheet can help reduce friction on client's legs.



6. The client may require assistance to lift the leg to get the sling into position.



7. Feed one leg handle through the smallest loop to ensure the legs do not splay.



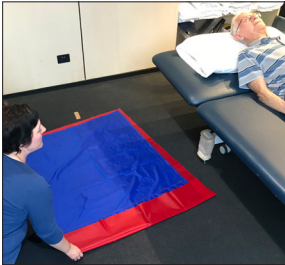
8. Leg straps should be crossed over to opposite side. Ensure there is sufficient space around the chair and spread the lifter legs to position over the chair.



9. When completing a transfer into a lying position, attach the shorter loops for the legs and the longer loops for the torso. Ensure lifter brakes are off.

** Procedure is the same for all Regent Transfer Slings (pictured here using the Regent Half Body Sling).*

Using slide sheets to position your Regent Transfer Sling from lying to seated:



1. Place two slide sheets of similar size together on a flat surface. Cross the client's legs at the ankles with the top leg on departure side.



2. Fold the slide sheets over about 30mm and continue this for the length of the slide sheets.



3. Place the slide sheets under the client's pillow with the open section at head end and the folded section towards the foot end of the bed.



4. Unfold the slide sheets under the client so that they come under the client's pelvis (hips).



5. Place the sling inbetween the slide sheets, ensuring the straps are at the back.



6. Slide the sling down towards the foot end of the bed.



7. Remove the pillow to position the sling down further.



8. Remove the top slide sheet so client is positioned directly on top of the sling.



9. Attach the loops to the yoke of the lifter, ensuring the same colours are on each side.

** Procedure is the same for all Regent Transfer Slings (pictured here using the Regent Full Body Sling).*



Manufactured by Supporta for APE Medical

*For more information, visit www.apemedical.com.au,
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